

# Attention Deficit Hyperactivity Disorder

## *“The Alarming Truth About Treatments For Children’s ADHD... And How Drugs May Do More Harm Than Good”*

### **What You Need To Know About Side Effects, And What Treatment Options Might Help You Avoid Drugs Altogether!**

**You MUST read this special report today.**

**Inside this FREE report you’ll discover:**

- ✓ How to recognize typical symptoms of ADHD and how it can be misdiagnosed.
- ✓ How delivery problems during birth may be the reason behind your child’s behavior.
- ✓ Why a thorough diagnosis is crucial to actually curing the underlying problem.
- ✓ How overuse of drugs may be putting your child at risk for future addictions.
- ✓ How diet and exercise can have a huge impact on behavior modification.
- ✓ Successful treatment programs that are simple, inexpensive and have no side effects.
- ✓ And much more...

Attention Deficit Hyperactivity Disorder, commonly known as ADHD or ADD, is a condition now affecting some 3% - 5% of the entire population of school age children in the U.S. It can change the way children act, think, and feel. Nearly all children are overactive and inattentive at times, but for ADHD children and their families their behavior can be extreme and disruptive.

For some there is remission at puberty, but for others the condition, if untreated, continues to blight their adult life. Unfortunately, too many active children are either misdiagnosed or are put on addictive drugs that only mask their behavior problem – rather than focusing on determining the underlying cause of the problem that could then lead to a permanent cure.

This report reveals the truth about children’s ADHD. It uncovers the facts about the dangers your child may be exposed to as a result of treatments using drugs. And, it provides you, the parent, with valuable information to evaluate ALL your options to provide your child with the proper care to effectively deal with their behavior problems – and perhaps finding treatments that can eliminate those problems FOREVER.



## Typical Symptoms Of ADHD In Children

You're home from the hospital with your new baby, getting settled and adjusting to a major change in your life. Life couldn't be better.

But you notice that your new infant seems to be difficult to feed. Or, she seems to be constantly thirsty and you just can't seem to satisfy her. She's extremely restless, cries all the time and has very poor sleep patterns. She has frequent temper tantrums, and may even be banging her head and rocking the crib as she gets a bit older.

Maybe you have an older child who seems to have poor concentration and a brief attention span. He's always on the go, very impulsive, and doesn't stop to think before he acts. Your little guy is fearless, and takes undue risks that put him and others in jeopardy. He may have poor coordination and a weak short term memory. He seems to be very inflexible about a lot of things in life and he may be lacking in self esteem. The sleep and appetite problems he had as an infant have probably continued.

You're witnessing some of the typical ADHD behaviors in children.

The actual statistics are staggering. For example, three to six more boys are diagnosed with ADHD than girls. The rate of emotional development for children with ADHD is 30% slower than their non-ADHD peers. A 10 year old with ADHD operates at the maturity level of about a 7 year old; a 16 year old beginning driver is using the decision making skills of an 11 year old.



## ADHD Is Not Easy To Diagnose, So You MUST Know How To Get The Right Information Before Starting Your Child On Any Treatment Plan

Children are often considered to have ADHD if they have behavioral problems in reacting to an average situation. These behaviors have to be in excess, usually occur before the age of seven, last for at least six months, and cause a problem in a social environment.

A thorough exam and investigation is needed to determine the possible causes of a child's ADHD diagnosis.

Once the source of the problem is found, improvement of this terrible condition that afflicts so many school aged children each day can begin. There are many things parents can start doing at home to aid in a child's recovery. These include leading a healthy lifestyle and limiting a child's exposure to environmental factors and foods that can be detrimental to one's health.

In most cases that are diagnosed as ADHD, amphetamines are prescribed by medical doctors to help treat the child's condition. Although careful use of these types of drugs can have moderating effects on children with ADHD symptoms, research data collected over the years reveal disturbing news that all parents or guardians of children with behavioral problems must be aware of before starting any drug use.

Medical sociologists Peter Conrad of Brandeis University decries the increased use of ADHD drugs. In a paper presented at a meeting of the Society for the Study of Social Problems in August 2000, he stated that this phenomenon is an example of how Americans have come to treat normal differences among children (as well as adults) as evidence of disease. Mr. Conrad says, "More and more of human difficulties have been defined as medical problems, and in some ways, we've turned a lot of human difference into pathology."

# The Worst Thing You Can Do Is Put Your Symptomatic Child On Drugs Without First Getting A Proper And Thorough Diagnosis

Ritalin is used in 90% of all cases diagnosed with ADHD, according to The Journal of the American Chiropractic Association. Ritalin is an amphetamine, and the drug of choice for those diagnosed with ADHD.

However, a November 12, 2001 dateline appearing in the Washington Post reported that research on the use of Ritalin indicates that its use may cause long-term changes in the brain. According to a research team at the University of Buffalo, the changes look similar to those seen with other stimulants such as amphetamine and cocaine.

Physicians are typically the ones responsible for diagnosing ADHD and deciding on the dosage level of Ritalin to give a child. They should spend quality time getting to know their client. A thorough assessment of the problem is critical in order to correctly diagnose the problem and avoid an improper dosage that can lead to overdosing.

Proper assessment is critical because the wrong diagnosis can cause additional problems and the wrong prescription can have little or no effect on the problem. But here's the most disturbing part. Some parents claim their doctor spends too little time diagnosing their child and prescribing medication for them. In addition, the physicians did not properly monitor the medication they prescribed.

Unfortunately, Ritalin is now being used by children as a recreational drug the same way that cocaine is used, as reported in The Journal of the American Medical Association. We're trying to teach our kids to "Just Say No" to illegal or improper use of drugs... and too many times we unnecessarily put them on prescriptions that directly lead them to addiction!



# Here's An Example Of What Can Be Done With A Proper Evaluation Before Jumping Into Drug Treatments.

The case was of a 5 year old boy who had been diagnosed with ADHD at age 2. The child's pediatrician prescribed Ritalin, Adderall, and Haldol for the next 3 years. The combination of drugs was unsuccessful in helping the child.

At age 5 the child was brought to a chiropractor to see if chiropractic care would help. The history taken at that time noted that during the child's birth, there were complications during his delivery process.

The results of this trauma and complications resulted in a 4-day stay in the neonatal intensive care unit. The child's mother reported no other incidence of trauma.

The chiropractic examination and x-rays showed noticeable spinal distortion including a reversal of the normal neck curve indicative of subluxations, or bone misalignments. Chiropractic care was begun and the child's progress was monitored.

According to his mother, positive changes in general behavior were noticed within the first few visits, and the patient experienced considerable improvement as treatments continued.

The child was brought by the mother to the medical doctor for a follow up visit and questioned him on the usage of the Ritalin.

The medical doctor reviewed and examined the child and based on that assessment and his clinical experience, the MD felt that the young boy was no longer exhibiting symptoms associated with ADHD.

He then took the boy off the medications that he had been taking for 3 years.

This story, and many more like it, suggests that far too many children are not given the benefit of a proper evaluation for their behavior problems before being committed to drug therapy... with all the possible long term side effects.

## If You Could Treat Your Child's ADHD Symptoms Without Drugs, Wouldn't You Jump At The Chance?

In the past decade, prescriptions for Ritalin increased five-fold, with 90 percent of all prescriptions worldwide consumed in the United States, according to The Journal of the American Chiropractic Association. As many parents grow leery of the traditional medical approach to ADHD, Doctors of Chiropractic are offering promising results with non-drug treatments that focus on proper bone alignment, postural muscles, nutrition and lifestyle changes that affect brain activity.

Medical literature has established the link between head and neck trauma and the onset of ADHD. For example, a recent study published in Radiology (1999) showed that when a child experiences a severe blow to the head in a car, ski or bike accident, the head/neck injury may cause the onset of ADHD. The study showed that within a year of injury, twenty percent of kids developed ADHD.

This recent research correlating head/neck trauma and the onset of ADHD suggests proper correction of an individual's neck injury can alleviate ADHD symptoms. When an individual's upper neck is injured, a bundle of nerves in the area may be irritated. Because one of the main functions of this nerve bundle is to control blood flow to the brain, irritation of these nerves may cause altered blood flow resulting in dysfunction of brain centers controlling behavior.



## Why Devastate The Life Of Your Child... When A Few Simple Treatments May Permanently Solve The Problem?

Chiropractors are uniquely trained to recognize and remove this interference in the nervous system, which blocks or alters the brain's ability to communicate with the body. Once the proper communication is restored, many times the child's ADHD behavior improves.

Doctors of Chiropractic offer a non-drug and non-invasive treatment alternative for ADHD patients that target the underlying problems, not just the symptoms. "Motor activity – especially development of the postural muscles – is the baseline function of brain activity. Anything affecting postural muscles will influence brain development. Musculoskeletal imbalance will create imbalance of brain activity, and one part of the brain will develop faster than the other, and that's what's happening in ADHD patients," says Dr. Robert Melillo, DC, DACBN, whose multidisciplinary clinic specializes in the treatment of neurological disorders.

Once diagnosed and corrected with gentle treatment procedures, the body will often return to normal. In many cases, ADHD patients get immediate and long-term relief... sometimes for a lifetime.

Chiropractors have undergone extensive education and training in dealing with problems associated with the nervous system and muscle structure of the body. They have almost three times the number of neurological medical training hours as physicians. In fact, chiropractors have approximately 200 additional hours of medical school when compared to the typical physician.

This makes the Chiropractor uniquely qualified to help properly diagnose and treat symptoms of ADHD. Major relief can be realized by properly aligning and restoring the function of the joints of the back and neck **WITHOUT MEDICATION.**

# Here's The Single, Most Important Step You Can Take For Your Child's Behavior Problems

Your Chiropractor is an expert at understanding the proper function of the spine and how it controls the brain.

They understand the importance of a proper diet and can offer children suffering with ADHD and their families the hope of an improved quality of life in a natural, non-drug dependent, empowering way.

It just makes sense to evaluate all your options before deciding on any treatment plan – especially one that unnecessarily subjects your child to drugs.

In many cases, with a thorough and detailed evaluation of all the possible factors that could contribute to your child's behavior, chiropractic treatments can resolve the underlying cause and allow your child to function and develop naturally.

Chiropractic healthcare may be the answer to your child's behavioral problems without using dangerous drugs unnecessarily.

Doesn't it seem reasonable to at least have your child with symptoms of ADHD properly evaluated first... before putting him or her on a drug that can cause serious side effects and conditioning them to become dependant on drugs for survival?

Our society is producing "Stepford children" by using drugs to control their behavior. It's important for parents to look deeply into this disorder called ADHD, the drug Ritalin and others being prescribed, and the possibility that chiropractic treatments are the best solution before making any decision.



# If You Have A Child With ADHD Symptoms Or Aggressive Behavioral Problems, Regardless Of Any Previous Diagnosis...



## Schedule Your FREE, No Obligation Advisory Session

The doctor will spend approximately 30 minutes with you to discuss your child's past and present situation in order to make a determination regarding his or her condition and provide you with recommendations.

This session is free and with no obligation on your part. You and the doctor will simply discuss what's taken place in your child's past as well as current situations that might be contributing to the condition. Information about diet and nutrition will also be provided to give you some initial guidelines on what you can do on your own to help your child. Whether or not you proceed with a full examination and treatment is up to you.

**All The Services Listed Below Are Provided With No Financial Commitment Or Obligation.**

You'll receive the following special treatment and program benefits:

- ✓ FREE Initial Consultation – in person or by phone
- ✓ FREE Case History
- ✓ FREE Neurological Assessment
- ✓ FREE Post Consultation Evaluation
- ✓ FREE Report Of Findings

You may be tempted to put off taking care of this critically important evaluation. That would be a terrible mistake. Your child's ADHD simply won't disappear. It could get worse and may eventually lead to addiction.

***Don't Wait Any Longer!  
Get The Healthcare  
Your Child Needs...  
And Deserves!***